

# School of Formation

## Schedule 2023-2024 . Cohort 3

Teaching Sessions (TS)\* - Thursdays 6-9pm ET  
Mentor Sessions (MS)\* - Thursdays 7-9pm ET (ZOOM ONLY)  
Pre and Post Teaching Session Journal Assignments (JA)- Due Fridays  
*\*All Sessions are Thursdays unless otherwise noted*

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2023

### August 2023 - Orientation

- Aug 3 - Orientation and Meet Your Mentor Group (6-9pm ET on ZOOM ONLY)

### September 2023 - Contemplative Rhythms

- Sep 1 (Fri) - Pre-Teaching Session (TS) Journal Assignment (JA01) Due
- Sep 7 - TS 1 (Rich Villodas) (HYBRID-in person and zoom)
- Sep 15 (Fri) - Post-Teaching Session (TS) Journal Assignment (JA02) Due
- Sep 21 - MS 1

### October 2023 - Interior Examination 1

- Sep 29 (Fri) - Pre-TS JA03 Due
- Oct 5 - TS 2 (Rich Villodas) (ZOOM ONLY)
- Oct 13 (Fri) - Post-TS JA04 Due
- Oct 19 - MS 2

### November 2023 - Interior Examination 2

- Oct 27 (Fri) - Pre-Teaching Session JA05 Due
- Nov 2 - TS 3 (Steve Cuss) (HYBRID-in person and zoom)
- Nov 10 (Fri) - Post-Teaching Session JA06 Due
- Nov 16 - MS 3

### November/December 2023 - Racial Justice and Reconciliation 1

- Nov 24 (Fri) - Pre-Teaching Session JA07 Due
- Nov 30 - TS 4 (Rich Villodas) (ZOOM ONLY)
- Dec 8 (Fri) - Post-Teaching Session JA08 Due
- Dec 14 - MS 4

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## 2024

### January 2024 - Racial Justice and Reconciliation 2

- Jan 5 (Fri) - Pre-Teaching Session JA09 Due
- Jan 11 - TS 5 (Duke Kwon) (HYBRID-in person and zoom)
- Jan 19 (Fri) - Post-Teaching Session JA10 Due
- Jan 25 - MS 5

### February 2024 - Sexual Wholeness 1

- Feb 2 (Fri) - Pre-Teaching Session JA11 Due
- Feb 8 - TS 6 (Rich Villodas) (ZOOM ONLY)
- Feb 16 (Fri) - Post-Teaching Session JA12 Due
- Feb 22 - MS 6

### March 2024 - Sexual Wholeness 2

- Mar 1 (Fri) - Pre-Teaching Session JA13 Due
- Mar 7 - TS 7 (Guest Teacher TBD) (HYBRID-in person and zoom)
- Mar 15 (Fri) - Post-Teaching Session JA14 Due
- Mar 21 - MS 7

### April 2024 - Missional Presence & Retreat

- Mar 29 (Fri) - Pre-Teaching Session JA15 Due
- Apr 4 - TS 8 (Rich Villodas) (ZOOM ONLY)
- Apr 12 (Fri) - Personal Formation Plan (PFP) DRAFT Due
- Apr 18 - MS 8
- Apr 26 -28 (Friday - Sunday) - 2 Night Retreat in Long Island, NY (IN-PERSON ONLY)

### May 2024 - Celebration & Commissioning

- May 1 (Wed) - Personal Formation Plan (PFP) FINAL Due
- May 2 - Celebration & Commissioning Ceremony (7:00-8:30pm ET on ZOOM ONLY)

