



SoF Application Intro Video Instructions

These are instructions for submitting a video introducing the applicant to the School of Formation acceptance committee.

Record a **2 min or less** video answering the following questions:

1. *Give us your first and last name*
2. *What do you hope to get out of your School of Formation experience?*
3. *Why do you think this is the right time for you to join the School of Formation?*

Submit your video via [wetransfer.com](https://www.wetransfer.com) (use this email to submit it to: sof@newlife.nyc)

Make sure you read over this information on our website carefully as you consider applying:

Program Details - newlifesof.nyc/program/#programdetails

Program Expectations - newlifesof.nyc/program/#program-expectations

FAQs - newlifesof.nyc/program/#faq